



As you can see -

- **Social dancing:** Social dancing while taking classes makes you a much better dancer, much faster. You can (and should) social dance all the time - whether you've been dancing for half an hour or 10 years. Dance with everyone you can, and always dance with people of all 'levels', no matter what 'level' you are. You don't need a set partner (in fact, a set partner can set bad habits!) Swing is a *social* dance, and even if it can be scary to ask for a dance, most everyone will say yes. Our socials are very beginner-friendly!

- **Repeating classes:** Dancing is about building muscle memory, which takes time and practice. We encourage repeating Basic 8-Count Lindy Hop until you're comfortable with the material - leads can even repeat for free! When you feel ready to try Intermediate Lindy Hop & Charleston you can also take this as many times as you want since we always have new material and something to challenge everyone.

- **Workshops with guest instructors:** There are many styles of swing and lindy hop and we encourage you to learn from different teachers. From time to time we bring in experienced teachers from abroad for intensive weekend workshops and encourage you to take these opportunities to learn and be inspired. Usually, these workshops are targeted at Intermediate level dancers and above.

- **Specialty classes:** 'Swing' is a whole family of jazz-era dances and sometimes we run classes to teach classic vintage routines, blues, or solo jazz, or other related dances. All of these are lots of fun and help increase your vocabulary of swing dancing in general. They also develop certain skills, for example, blues is great for working on partner connection, and solo jazz is important for body awareness, rhythm and flow of movement.